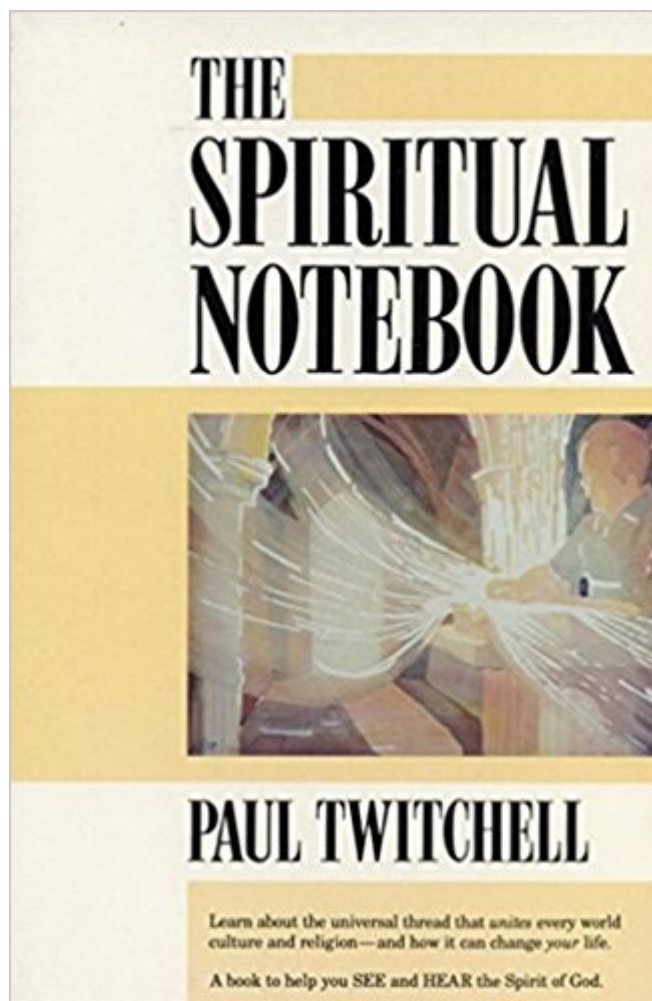


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# The Spiritual Notebook



## Synopsis

"I am trying to give everyone who can read a means to self-evaluation and a method of understanding his inner experiences." - Paul Twitchell A giant step forward in spiritual literature - the best way to describe this fascinating book. Now learn what saints and mystics knew all along about God and the Divine Force - the inspiration for all myths and religions. Paul Twitchell, world-renowned spiritual teacher, is author of ECKANKAR - The Key to Secret Worlds, a spiritual classic. In The Spiritual Notebook, he shows you how to widen your own spiritual vision and find the God Force. Chapter 5 offers three techniques for you to experience the Light and Sound of God. Saints often used similar ones for divine guidance and peace of mind. Try these age-old techniques. They can bring unlimited love, wisdom, and power into every decision and venture in your own life. Chapter 7, "The Steps to the Secret Kingdom," gives twelve secret words you can use to reach a higher spiritual state. Chapter 10 compares fourteen religions, showing the thread of truth in each. And all through The Spiritual Notebook, Twitchell tells how to make your own special way to the wisdom of God. Whatever your religious belief, The Spiritual Notebook can inspire the beginning of your own inner journey. It introduces you to the mysterious Adepts of ECKANKAR and also gives a close-up of how the Spirit of God is all around us. If you want more love, joy, and grace in your own life, you could benefit from reading this book.

## Book Information

Paperback: 245 pages

Publisher: Eckankar; 2 edition (April 14, 2010)

Language: English

ISBN-10: 1570430373

ISBN-13: 978-1570430374

Product Dimensions: 5.5 x 0.6 x 8.5 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 20 customer reviews

Best Sellers Rank: #1,385,934 in Books (See Top 100 in Books) #62 in Books > Religion & Spirituality > Other Religions, Practices & Sacred Texts > Eckankar #5667 in Books > Religion & Spirituality > New Age & Spirituality > Mental & Spiritual Healing

## Customer Reviews

Paul Twitchell is the modern-day founder of ECKANKAR, Religion of the Light and Sound of God.

The Spiritual Notebook is one of Paul Twitchell's best books. In recent years many of his books have come under fire for plagiarism, and rightly so. He has changed this book as well from early copies/manuscripts, with his spiritual teacher going from Kirpal Singh to Sudar Singh--creating Masters that people have inner experiences with because they BELIEVE. and even though his Master utters total plagiarism from another book from the 1930's it is still a really good spiritual book. It makes you think differently afterwards, makes you see differently--and touches that part of us within we all have and those that read spiritual books--are trying to reach. So despite the mans notoriety, he put together a good book here. I ordered an old copy, early Edition, to see the differences from todays versions. It was interesting. Still worth reading--no matter what you think of Paul Twitchell, who passed away in 1971 and started the organization turned religion called Eckankar.

Love the age of the book & that someone so kindly made it available. The original materials are the only way to go. I hate items amended after an author passes, because the style & integrity of some authors is just too good of writers to do that too - even if differing opinions on content. Let only the authors amend their own work. This adds to credibility.

One author's take on the history that led up to the spiritual practice of Eckankar as we know it today. It's an interesting read and has a good listing of relevant players from the past. Those familiar with New Thought will find many of the same historical source material. It is a worthwhile read for those who want an introduction to understanding our spiritual nature at a deeper level and applying that knowledge.

This is a fantastic book. It answers many questions about who we are and why we are and where we are going. It has answered many of my questions about what life is all about and why we are here spiritually speaking.

A great book for one who really wants to understand the nuts and bolts of one's relationship with the Divine and the journey home to God. I have found it enormously helpful with assisting me in understanding the world around me, the worlds within, and with opening my heart to being able to accept more divine love.

Should be read in tandem with Paul's other book titled "The Tiger's Fang. Reading this book will

make all of your tomorrows different, and now you'll know why. Awesome book. Replaces easily the "Sar Bachan" and "Word" by Kirpal Singh.

A very unique shooting straight from the hip book which gives a clear picture of the good and bad of seeking spiritual wisdom. Worth the price and well worth the read. I will probably re-read it because it is jammed pack with great eye opening data.

This is the best book that I can recommend for anyone who is looking to develop a better relationship with God and a greater understanding of who they are and how physical world and world of dreams and other inner realities really work. I consider it to be a must read for any serious spiritual seeker.

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